



Save A Warrior™ Suggested Reading List

1. What It Is Like To Go To War; Karl Marlantes
2. The Road Less Traveled; M. Scott Peck
3. The Body Keeps the Score: Brain, Mind, and Body in the healing of Trauma; Bessel van der Kolk
4. How God Changes Your Brain; Andrew Newburg
5. Awareness; Anthony De Mello
6. Change or Die; Alan Deutschman
7. The Spirituality of Imperfection; Ernest Kurtz
8. The Untethered Soul; Michael Singer
9. The Second Mountain; David Brooks
10. Rising Strong - Brene Brown
11. Braving the Wilderness - Brene Brown
12. The Gifts of Imperfection - Brene Brown
13. Untamed - Glennon Doyle
14. 1000 Names for Joy - Byron Katie
15. Approval Addiction - Joyce Meyer
16. Healing the Soul of a Woman - Joyce Meyer
17. Unshakeable Trust - Joyce Meyer
18. The Absent Father Effect on Daughters - Susan E. Schwartz
19. Man's Search For Meaning; Viktor Frankel
20. The Drama of the Gifted Child; Alice Miller
21. Zen and the Art of Motorcycle Maintenance: an Inquiry into Values; Robert Pirsig
22. The Power of Now; Eckhart Tolle
23. The Archetype of Initiation; Robert Moore
24. The Hero with a Thousand Faces; Joseph Campbell
25. Complex-PTSD: From Surviving to Thriving; Pete Walker
26. Your Erroneous Zones; Wayne Dyer
27. How to be an Adult; David Richo
28. Think and Grow Rich; Napoleon Hill
29. The Four Agreements; Michael Ruiz
30. Tribe; Sebastian Junger
31. The Alchemist; Paulo Coelho
32. The Disappearance of the Universe; Gary Renard
33. 10% Happier; Dan Harris
34. Iron John; Robert Bly
35. Quantum Change: When Epiphanies and Sudden Insights Transform Ordinary Lives; William Richard Miller & Janet C'de Baca
36. The Three Laws Of Performance; Steve Zaffron & Dave Logan
37. The Heroine's Journey by Maureen Murdoch
38. Moneyball: The Art of Winning an Unfair Game; Michael Lewis
39. Siddhartha; Hermann Hesse
40. The Call Of The Wild; Jack London
41. Stealing Fire; Stephen Kotler
42. Life of Pi; Yann Martel
43. Why We Do What We Do; Edward Deci
44. The Way of the Peaceful Warrior - Dan Millman
45. A Return To Love; Marianne Williamson